

WRITE A LETTER TO YOUR FUTURE SELF

1. Decide which future self you would like to write your letter to. Is it for you at the end of your mentoring journey? Or is it for you in five years time?
2. Keep the tone of your writing friendly, relaxed and natural - you're writing to yourself so just be yourself!
3. Start with a summary of where you are now. What are you currently doing eg. are you in school/college/gap year? How do you feel about it?
4. Define your hopes and goals. What is currently important to you and what are your hopes for your future?
5. What advice would you want to give your future self? This can be simple or complex.
6. You can either send your letter to Arts Emergency and we will send it back to you at the end of your mentoring year, or you can paste it into <https://lettertomyfutureself.net/write-letter> which will send it back to you at a specified time.